

LANSING
CORRECTIONAL
FACILITY

MARCH 2006

**Employees of the
Quarter:**

3rd Quarter

Uniformed:

Lt. Peggy Fortier

Non-Uniformed:

Ron Suttles

4th Quarter

Uniformed:

Aileen Ayala-Pagan

Non-Uniformed:

Ellen Bartz

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WALL TO WALL

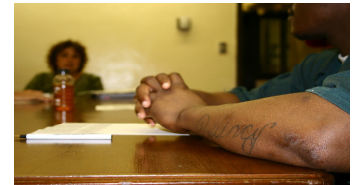


CRC PIN RECIPIENTS

Congratulations to the staff members who have completed Cognitive Reflective Communication training and have completed their 2 self assessment examples:

David McKune
Colette Winkel-
bauer
Rex Pryor
Kyle Deere
Jim Collins
Christina Wagner

Angela McClelland
Andy Parks
Carl Phillips
Mike Beckham
Chris Walker
Eli Haffner
Beth Sowle
Aileen Ayala-Pagan
Jason Laird
Coleton Geary
Ron Suttles
Peggy Fortier
Yvonne Sieg
Cecil Lawrence
Janis Walters



Step 1 – Anchored to a very specific behavior / moment in time
Step 2 – Think about the Thinking (3 parts)
Step 3 – Plan the Approach
Step 4 – Dig at the roots (uncover thoughts and feelings)
Step 5 – Reflect & Have Them Connect

Employee of the Month Nomination (send to Brett Peterson)

OUTSTANDING EMPLOYEE NOMINATION FORM

Employee Name: _____ Uniform _____ Non-Uniform
Present Position: _____ Previous Position: _____

Length of time in existing position: _____ Length of service at LCF: _____
A nomination for outstanding employee can be for any person employed full time at Lansing Correctional Facility, excluding Senior Staff members. Nominations can be submitted by any person employed full time at LCF.
Below, please describe the outstanding efforts in the performance of duties which qualify the nominee for this award. Please be specific. Use the back of the page if additional space is required.

EMPLOYEES OF THE QUARTER

3rd Quarter

Non-Uniformed: **Ron Suttles**

Uniformed: **Lt. Peggy Fortier**

Ron and Peggy are the dynamic duo of Cognitive Reflective Communication training. In addition to being outstanding CRC trainers, they are simply the top of the line staff members all around. We appreciate both Ron and Peggy for their dedication and positive contributions to the facility.

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Non-Uniformed:

Ellen Bartz

Ellen is LCF's Director of Nursing. She is known for her special degree of patience, concern and compassion – combined with her ability to dig in and “get the job done.”

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Uniformed:

CSI Aileen Ayala-Pagan

CSI Aileen Ayala-Pagan was chosen as the Uniformed Employee of the 4th Quarter. Aileen has been an employee of LCF for 5 years and she's considered one of the “rising stars” of the facility.

**“Communication
is our most VITAL
tool to managing
the facility!”**

KYLE DEERE, Deputy Warden of Programs

Plan for upward career movement

Most people want to advance their careers, and a plan is usually critical to making this happen. Here are a few strategies for forward movement.

1. Decide on a five-year plan. What do you want to be doing in five years? What do you want to accomplish in that period of time?

2. Don't leave your career in anyone's hands but your own. Don't fall prey to living up to someone else's expectations. It's your life---live it your way

3. Build your contact list. That means inside and outside of your organization. The more contact you have, the more diverse your future career options will be.

4. When you see an op-

portunity to volunteer for more responsibility---do it. Your boss will love it, and you'll develop more authority within the organization.

5. Look for challenges. When you get bored with what you're doing, look for something new to do. Learn new skills. Dipping into new territory can open up the future---sometimes in unexpected ways.

REX PRYOR, Deputy Warden of Operations

As most of you have probably heard, we are in the process of creating a work recall for East Unit in the old “Soap Factory” building. The process is not completed at this time but will be written into policy in the near future. Basically, all inmates going to and from work will be processed through this building. A more complete search and accountability will be the mission. This area will be supervised by Lt. Yeaton.

Also we are getting closer to the completion of the Turnout Gate into becoming the Reception Center for Medium Visiting. This will allow us to assign one of the Visiting posts to another area. This will now allow us to check visiting records and shake down the visitor prior to entering the facility. We are researching traffic flow and package delivery in order to establish a team that will search each sealed package that enters the fa-

cility. This detail will be located in the warehouse and will be somewhat mobile to meet the needs of the facility.

You will soon see camera installation begin in the new kitchen and in the Support Service Building. This equipment has been ordered and the Communications Department will begin installation once the equipment arrives.

As you can see, there are many projects taking place

within the facility. As we complete these projects we must also continue to provide daily maintenance to keep the facility safe and secure. If you see items of concern please address them with someone or communicate your concern to a supervisor, do not assume someone else has reported the situation or concern.

East Unit

(written by Bill Shipman)

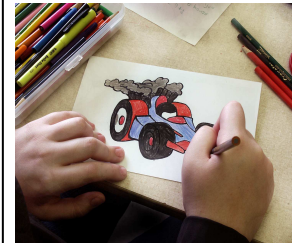
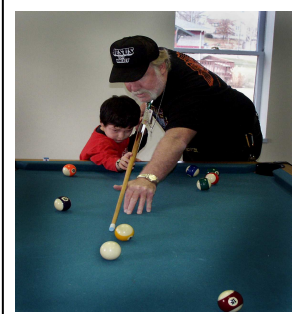
The East unit ended the year with an over 300 Bicycle give away, and as always it went off with out a hitch, all due to the coordination and team work of the people at the East Unit with the help of the work detail supervisors.

True to form the staff at the East Unit have hit the new year running, with the annual community crew training and the development of the new Habitat for Humanity Program. We are in the process of interviewing inmates to become the first from our facility to be involved in the program that

builds houses for those that can not afford a home in the Leavenworth and Wyandotte areas. This is a very high profile program so the inmates are screened through a rigorous process to make sure we get the best we have to offer.

We at the East unit would like to take this opportunity to say good bye to Paul Warfield who was promoted to CCII, and Lt. Dave Finger who rotated to the Maximum facility. They were a big part of the team at East and will be sorely missed. With as much as we

regret our loss, we are excited to add to the Team Lt. Bill Bailey, and 2 new CCI's. Cecil Lawrence was a COII in the segregation unit and was promoted to CCI and has been assigned to X Unit. Cari Eldridge was promoted from COI to CCI and has also been assigned to X unit. They both have a large amount of experience and knowledge, not to mention their life knowledge, they are very excited and full of energy and enthusiasm and will surely bring great things to the Team at East.



DREAM LOUD
opens in State House
#5



VOLUNTEER SERVICES

(written by Renda Craft)

We are still busy and lots of things are happening. Here are just a few tidbits....

Dream Loud group has started up on Saturdays in the old parole office (State 5 building). These volunteers are from Gracious Promise and offer a 1½ -2 hour program for the visiting children of inmates. The parent signs the child up and the Dream Loud volunteers go to Visiting to pick the children up. They go back to the "clubhouse" and complete some themed project that may include art or games. This allows the inmate and his adult visitor time to talk without the kids. Then the Dream Loud volunteers bring the kids back to Visiting. The inmate can then talk with the children about what they did. So far, this seems to be working very smoothly. The outside Stop Violence

group has combined their resources with a group called Synergy Services. Both organizations stress stopping violence and how to prevent violent behavior. Staci Denny of Synergy will be coming into the Stop Violence inmate meetings to give presentations on Synergy.

The Med Horticulture group through Arts in Prison has started back up. Let's hope to see some wonderful new flowers.

Arts in Prison volunteers have started yoga classes in the Medium and East. The East Activities Specialist says the inmates really like it.

A local church group, led by a current volunteer, donated and processed a BUNCH of books to East unit.

The West Wall Singers were allowed to sing at one of the Max Sunday Protes-

tant services. The men were excited about that and there was a good turn out. OCF now has a Catholic Priest that will visit from time to time.

It has been a while, but we welcome aboard our only Islamic volunteer. He is attending Max Juma Prayer about once a month. We are hoping for a couple more volunteers to come on board.

We have some future events in the planning stage...

In March, we are hosting the annual AA Corrections Conference at the Range building.

In April, we will have our annual Volunteer Appreciation Event.

Also in April, the East Unit will be hosting the Lyric Opera program that will include the visiting children's participation.

In June, there will be the annual Fresh Start/Freedom Ministries in the Medium & East units. There will be some changes to this. I am sure I have forgotten something, but we always have some plans "brewing." Have a great end of winter!

Black History Month Quiz answers (Jim Collins)

1. On November 2 of this year, President Reagan signed the bill that established January 20, a federal holiday in honor of Martin Luther King, Jr. (A) 1982 (B) **1983** (C) 1984
2. This entertainer attacked stereotypes and America's consciousness with his no-apologies, in-your-face style, becoming one of the most influential performers of the last 30 years.
(A) Chuck Berry (B) **Richard Pryor** (C) Denzel Washington
3. In what year did African-Americans on the Spanish ship Amistad, gain control of the vessel and sail to their eventual freedom in Montauk, Long Island? (A) **1839** (B) 1829 (C) 1834
4. This much-honored individual won the Essence magazine Science and Technology Award in 1988, in 1990 she was Gamma Sigma Gamma's Woman of the Year and in 1991 she earned a Ph.D. from Lincoln University, but will always be remembered as the first African-American woman in space. She is: (A) **Mae C. Jemison** (B) Bessie Coleman (C) Wilma Rudolph
5. In which year were W.E.B. Du Bois and William Trotter among the leaders of the meeting from which sprung the Niagra Movement — the forerunner of the National Association for the Advancement of Colored People? (A) **1905** (B) 1912 (C) 1895
6. This influential author is known for her strong female characters and the preservation of black culture while maintaining underlying themes that cross all generations and nationalities. Her books include: You Can't Keep a Good Woman Down, Once, Meridian and many other critically acclaimed works. (A) Maya Angelou (B) **Alice Walker** (C) Gwendolyn Brooks
7. The Southern Christian Leadership Conference, w/ Martin Luther King, Jr. as president, was formed in: (A) **1957** (B) 1958 (C) 1959
8. Frank Sinatra once called this singer "unquestionably the most important influence on American popular singing in the last twenty years." Her career saw the highs of great record sales, a stint singing with Count Basie and the lows of drug problems. She is:
(A) Mahalia Jackson (B) Madame C. J. Walker (C) **Billie Holiday**
9. Kenneth Gibson became the first black mayor of an eastern city when he assumed the post in Newark, New Jersey on: (A) July 1, 1966 (B) **July 1, 1970** (C) July 1, 1974
10. A native of Detroit and graduate of UCLA, this politician and diplomat was the first black person awarded the Nobel Peace Prize for his role in fostering an armistice between warring Arabs and Israelis. (A) Frederick Douglass (B) **Ralph Bunche** (C) Jesse Jackson
11. This female athlete made history when she became the first American woman to win three Olympic gold medals in track and field.
She is: (A) Jackie Joyner-Kersey (B) **Wilma Rudolph** (C) Marion Jones
12. On this day, the Supreme Court ruled that racial segregation in schools had to end at once and that unitary school systems were required: (A) **October 29, 1969** (B) August 7, 1970 (C) October 16, 1973
13. Best known for her involvement to integrate Central High School in Little Rock, Arkansas, she and her husband became an avid voice for civil rights before a nationally recognized movement had emerged. She later helped carry the Olympic torch in Atlanta in 1996. She is:
(A) Myrlie Evers-Williams (B) Rosa Parks (C) **Daisy Bates**
14. Embarrassed by living on public funds, he became one of the most visible leaders in the fight against affirmative action in the United States. He compared affirmative action to slavery, claiming it leaves blacks dependent on and dominated by whites. He is:
(A) Martin Luther King, Jr. (B) **Ward Connerly** (C) Russell Simmons
15. This man has become one of the most prominent and well-known academics in the United States today. He earned the American Book Award for his book, The Signifying(g) Monkey: Towards a Theory of Afro-American Literary Criticism, and was voted one of the 25 most influential Americans in 1998. He is: (A) **Henry Louis Gates, Jr.** (B) W. E. B. DuBois (C) Gordon Parks
16. With books like Dust Tracks on a Road and Mules and Men, she called attention to herself during a time when blacks were urged to assimilate themselves to promote better race relations. Her works are seen as manifestos of selfhood and the positive aspects of black life. She is: (A) Gwendolyn Brooks (B) Maya Angelou (C) **Zora Neale Hurston**
17. He became one of the most acclaimed African American artists of the twentieth century. Critics proclaim him as the divine translator of the history of the African American experience through art. He is: (A) **Jacob Lawrence** (B) Gordon Parks (C) Charles Drew
18. This photographer, writer and filmmaker was the first African American photographer to work at Life and Vogue magazines. He was also the first to produce a film for a major motion picture company. He is: (A) Spike Lee (B) **Gordon Parks** (C) James Baldwin
19. A co-founder of the Black Panther Party, he took his fight for Black rights to the 1968 Democratic Convention, where he was arrested for inciting a riot. He was later sent to jail for torturing and executing a former Black Panther member. He left the Panthers in 1974. He is:
(A) **Robert George Seale** (B) Martin Luther King, Jr. (C) Malcolm X
20. After losing her parents, this activist raised her siblings and became a teacher at age 16. After being forcibly removed from a first-class train car she became determined to fight racial injustice where she found it. She is: (A) Betty Shabazz (B) Rosa Parks (C) **Ida B. Wells-Barnett**
21. He enlisted, becoming the first black man to fight for the Union during the Civil War. He is:
(A) Crispus Attucks (B) **James Stone** (C) David Walker
22. In 1868 this state's House became the first and only legislature to have a black majority, with 87 blacks to 40 whites. (A) Mississippi (B) Georgia (C) **South Carolina**
23. This was the worst summer for racial disturbances in United States history. More than 40 riots and 100 other disturbances occurred.
(A) **1967** (B) 1969 (C) 1973
24. In July, 1777, this was the first state to abolish slavery. (A) New York (B) Ohio (C) **Vermont**
25. In May of what year did South Carolina become the last state to recognize Martin Luther King Day as a holiday. (A) 1985 (B) 1995 (C) **2000**

CORRECTIONS CLIPS

Hutchinson - KDOC retirees held their quarterly retiree coffee at Joe's Restaurant on January 20, 2006. Warden Bruce was on the local radio station to discuss HCF's pre-release program and a reading program that is in the planning stages. When the program is up and running inmates will pick out books that they will then read and record for their children. Twenty-nine units of blood were donated at HCF's first blood drive for 2006.

Winfield – Employee recognition for the 4th quarter of 2005: COI Vance Henderson, Officer of the Quarter, Administrative Assistant Lynson Crain, Employee of the Quarter, Vocational Instructor Bryan Faber, Contract Employee of the Quarter. A reception was held February 22, 2006 to honor the quarterly recipients, and to acknowledge the promotion of Seth Arnold to COII. Winfield recently celebrated the first anniversary of private industry jobs. Two of the original inmates assigned to the Aramark contract at Kansas Veteran's Home were acknowledged for their dedicated work. WCF Deputy Warden Julie Utt presented the two with certificates recognizing their service. Jim Hayes, Superintendent of the Kansas Veteran's Home of Winfield, was also present to express his appreciation. The joint venture between WCF, Aramark, and the Kansas Veteran's home has been very successful and mutually satisfying.

El Dorado – On February 14, 2006, Warden Roberts and Lynn McBride conducted a tour of the Spiritual Life Center with the news media. All three networks were represented for the tour that included questions and answers. The intent of the news conference was to let the general public know of the need for private funds to complete the center. Presently \$400,000 has been raised towards a goal of \$750,000. The news presentations that ran the day of the event were very factual and include a virtual tour of the new complex. The facility is planning several activities to support the construction of the center. That includes a softball tournament April 22, 2006, for teams that would like to participate. This tournament includes DOC facility teams and also church leagues throughout the area. On May 7, 2006 the third annual bicycle ride tour will commence with rides in the Flint Hills of 25, 50 or 80 miles in length. This event will be supported by volunteers from Central Kansas Prison Ministries and will also include support from the massage therapy class at Butler County Community College.

Norton – CSI Bryan Rhein has been named as the new Staff Development Specialist at NCF. Mr. Rhein came to NCF about a year ago and has prior work experience with the DOC in Arizona. The "Haven"- a locally owned and operated Visitor's Center is now open and providing low cost overnight lodging to inmate visitors in Norton. NCF's Donated round-top building has been re-assembled and has officially become the NCF Supply/Warehouse. An "Open House" for NCF staff will be held on March 13, 2006.

Ellsworth – Sergeant Jeff Mai, Supervisor for the ECF Wheels for the World program, traveled to Pendleton, Indiana, February 6-8, 2006 to assist in the opening of a Wheels for the World program at Pendleton Correctional Facility (PCF). PCF is a medium/maximum facility that houses approximately 2,000 inmates. PCF joins twelve other prisons in the United States and one in Warsaw, Poland to refurbish wheelchairs for Joni and Friends Ministry. ECF's Wheels for the World program has been in operation since January 2003, employs 30 inmates, and rebuilds approximately 1,000 wheelchairs annually. Along with wheelchairs, ECF builds a universal footrest for all of the Wheels for the World programs and is now building an all terrain wheelchair adapter to be sent overseas with the wheelchairs. Facility Imitative Team members participated in a retreat February 20-21, 2006 in Minneapolis, Kansas. During the retreat, each FIT member discussed their 2005 accomplishments and outlined their goals for 2006.

Larned – On January 17, 2006 the Larned Correctional Mental Health Facility initiated its first Work Release program in cooperation with the Delaney Implement Company of Burdette, who has employed one minimum custody inmate as a tractor mechanic. The inmate is transported to/from work by a company employee every weekday; during the evening hours and on weekends, he resides at the LCMHF West Unit. This type of program provides inmates with opportunities to learn vital skills and work habits, increasing their chances of success upon release and decreasing the probability of return to prison. LCMHF hopes this program is successful and looks forward to adding more positions and businesses.

Central Office – March is the month when we reflect back on our good luck and good fortune! Speaking of which, Human Resources is feeling very lucky these days, as we will be welcoming a new addition to our team. Holly Zane will join the Human Resources team to manage the area of job classification, IMPPs, and department adherence to state and federal standards, regulations, and laws. She will also assist with employee relations activities, developing new programs and orientation. We are glad that one of our own Central Office employees will have an opportunity to meet new and different challenges with the KDOC. We hope you will take a few minutes this month to reflect on your good fortune as well.

Southern Parole Region – We have 3 certified OWDS on staff. Christy Gates, Blythe Roberts and Amanda Hudson completed training in December 2005. On January 25, 2006 Christy and Blythe held the first OWDS led employment workshop in the Wichita Parole Office for 6 offenders. They are targeting those offenders who score high on the employment domain of the LSI-R. The purpose of the workshops is to assist offenders who are unemployed/underemployed/serially unemployed to become steady members of the workforce. The first workshop covers different aspects of obtaining and maintaining employment such as completing an employment application and the interview process. The offenders who attended the workshop on March 25, 2006 will be checking in with the OWDS team every Wednesday from 1:00pm to 3:00pm for follow-up employment services or "Check-in Groups." They will attend the follow-up sessions until they obtain employment. At that point they will be assigned to attend an after-group.

Lansing Correctional Facility

<http://www.kansas.gov/lcf>



Volunteers, Activities Specialists, Unit Team Counselors, private industries, and reentry staff hosted a job fair in the Medium Auditorium in March. They spent the day teaching interview, application and resume skills.



STATE SPIRIT DAY

Don't miss out - State Spirit Day is Thursday, March 30th. It has been designated a blue jean day. Show your support with the money going to Leukemia and Lymphoma. Stop by and see one of the following to receive your sticker when you pay \$2.00 Denise Zink, Personnel, T.J. Martinez, DWO Complex, Tracy Ashton, East Unit, Rueneaka Baptiste, OCF and Eli Haffner KCI.

WALL TO WALL

TRU Update

(written by Mike Richards)

The TRU inmates will be presenting a talent show on March 23, 2006 at 1:00pm. The TRU Men's Chorus will perform along with various vocal soloists and instrumentalists. Some of the performers will be singing songs that they have written. In addition, various members of the creative writing group will be reciting original poetry. This year two bands from general population will perform which include TRU inmates. Everyone is welcome to come enjoy the show.

The TRU provides a variety of therapeutic programs including 1 to 1 mental health counseling, mental health groups, psycho-educational groups focusing on topics such as stress management, anger management, improving self-esteem, and improving communication skills. The discharge planners teach a life skills group and release planning group for those inmates ready to transition into the community. In addition to leading the psycho-educational groups the activity therapists offer groups in music therapy, recreation therapy, creative writing, and current events. In recreation therapy inmates have the opportunity to use the maximum gym to play basketball, volleyball, or simply take part in walking or other forms of exercise. Recently the inmates participated in a basketball tournament. Inmates have the opportunity to participate in music groups such as the TRU Men's Chorus, and various vocal/instrumental groups. Two times a year inmates present a program where they get to "show off" their talent to other inmates and staff.

The TRU has been fortunate to have the support of the Arts in Prison group led by Nancy Meis. The Arts in Prison group has donated various music instruments and provide volunteers that teach classes including an art appreciation class. As seen, inmates on the TRU receive a wide variety of therapeutic programming designed to help them improve physically, mentally, and emotionally. In addition these groups help prepare inmates for eventual successful release to the community or general population. See you March 23rd for the talent show!

MAX KITCHEN RENOVATION

